ABOUT US

On the eve of the 2019 Rugby World Cup, Siya and Rachel sat in the hotel hallway and discussed their social responsibility following the influence they would gain by winning the Rugby World Cup — and so, the Kolisi Foundation was birthed through the desire to change the stories of inequality in South Africa.

Responding with compassion and courage to the challenges faced by our nation, Siya and Rachel are compelled by a strong conviction that every small act of change matters. With hearts willing to respond, hands ready to serve, and heads ready to learn, the Kolisi Foundation team is committed to the vision of changing stories of inequality.
CONTENTS

▸ WHAT WE DO & OUR MOTTO
  page 3

▸ VISION
  page 4

▸ INTEGRATED FOCUS AREAS
  pages 5 - 17

▸ GET INVOLVED
  page 18

▸ KOLISI KOLLECTIVE
  page 19
WHAT WE DO

We unite organisations to mobilise resources and strengthen infrastructure and learning. To help communities thrive, we aim to bring about systemic change by creating safe spaces through education and sport, addressing gender-based violence and contributing to food security. We do so by partnering with organisations with a pre-existing footprint in our geographic focus areas: Cape Town and Gqeberha.

OUR MOTTO

Remember the One, One by One is the heart of the Kolisi Foundation. Rachel Kolisi summarises the essence behind the Kolisi Foundation’s motto: “Remember the one, one by one. Just focus on the one heart, the one person, and the one life that you are changing. That is more important than anything else. By remembering the one, one by one, we will impact the nation.”
VISION

Change the stories of inequality, to see thriving communities.

“PEOPLE ARE NOT LOOKING FOR HANDOUTS. WHAT THEY NEED ARE OPPORTUNITIES.”

— RACHEL KOLISI
INTEGRATED FOCUS AREAS

Food Security

Education and Sport

Gender-Based Violence

No social issue exists in isolation; individuals experience a multitude of interconnected challenges. By integrating our focus areas, we can adopt a more holistic approach towards changing the stories of inequality, to see thriving communities.

The United Nations (UN) defined 17 sustainable development goals for peace and prosperity for people and the planet. Through our focus areas, we are addressing seven of them.
At a national level, South Africa is food secure - meaning that the country produces enough safe, nutritious, and culturally appropriate food for its people. At a household level, though, South Africa is food insecure - meaning people do not have sufficient and equal access to nutritious food. High levels of unemployment, generational poverty and increasing food pricing all influence access to food. Our food security goals include improving access to safe, nutritious and culturally appropriate food to improve nutrition and physical health in children, and increasing the nutritional value and stabilising the provision of meals in communities in which we work.
PROJECTS & INITIATIVES:

Community Kitchen Support

Community kitchens are critical spaces where communities can connect and exchange knowledge and information. They are also places where norms are queried, dialogues happen, and voices for changing existing food systems are heard. The impact of community kitchens transcends the provision of food – it is a space able to restore dignity, build relationships, and empower and develop communities.

We support selected community kitchens by providing them with monthly kitchen parcels and stipends. To ensure that these kitchens have the necessary resources and knowledge, we establish community mapping referral systems and assess their needs. Our focus is on improving the nutritional value of the food, providing essential equipment and storage facilities, and enhancing food preparation safety through training programs.
Household Grocery Deliveries

We distribute grocery parcels to households facing food insecurity. We do this through our partner organisations who receive monthly deliveries to distribute to their clients. Several of these organisations are GBV shelters, containment centres, and community organisations supporting child-headed households, elderly and at-risk households.

Food Gardens

Where sufficient space is identified, food gardens are started at partner organisations, community kitchens and schools.
The Siyaphakama Zwide Schools Project is the Kolisi Foundation’s inaugural Education and Sports Development project. The project, named for Siya Kolisi and his mother, Phakama, ‘Siyaphakama’ - meaning We Are Rising - seeks to address the multitude of challenges facing township youth by creating a tailor-made programme to address physical education, malnutrition, academic education, life skills and youth employment to help children and youth exit the poverty cycle and become active, positive contributors to society. The project is a collaborative initiative between the Kolisi Foundation, Ubuntu Pathways, United Through Sport, and KaziBantu. Our education and sport goals include helping develop healthy, active, emotionally and academically stronger children while contributing to the communities in which they live.
Infrastructure

Sport Fields, Courts, Fencing & Facilities

All children should have access to high-quality education and sport facilities. We work with a range of stakeholders to upgrade facilities, security and sports infrastructure at schools in the Siyaphakama Project.

Job Opportunities

Full-time Sport Coordinator Interns, Part-time After-school Coaches

Young people from Zwide and the surrounding areas are recruited for internship opportunities. Two sports coaching interns are placed at each school to oversee physical education lessons and the after-school sports programme. Additional part-time after-school coaches are appointed to cover all sporting codes on offer.
Sport Kit & Equipment Distribution

Team uniforms and sport-specific training equipment is provided to each school to improve children’s experience of the sport programme.

After-school Sports

Weekly after-school sports coaching, inter-school tournaments and quarterly tournaments are held throughout the year. Coaching is provided by the trained sport coordinator interns. Sporting codes offered include Football, Rugby, Athletics, Netball, and Modified Cricket and Baseball, as part of the summer league. Interclass competitions take place throughout the year in various sports including indigenous games.
Physical Education Programming

Physical Education lessons are planned for the year and facilitated weekly for each grade.

Nutritional Programme

Nutritional assessments of children are completed along with kitchen assessments at schools to determine the nutritional support needs and the baseline nutritional status of the children. Yearly assessments are conducted to track the impact of the support. Breakfast is supplied through the project, ensuring that the children receive two meals during their school day.
Capacity-building and Skills Development

Teachers and the recruited sports coordinator interns complete physical education teacher training and receive an accredited certificate thereafter. Additionally, sports coordinator interns complete first aid, sport-specific coaching, gender-based violence awareness and first responder training.

Siyaphakama is a co-ed programme and commits to changing the narrative of gender inequality in sports. Siya Kolisi is committed to championing girls and women in sports, and the Kolisi Foundation aims to empower the next generation of young sports players, including young women.

“SPORT HAS THE POWER TO UNITE PEOPLE, TO TRANSCEND DIFFERENCES AND BRING COMMUNITIES TOGETHER.”

— SIYA KOLISI
Gender-based violence (GBV), disproportionately affects women and girls and is a profound and widespread problem in South Africa, impacting almost every aspect of life. The Kolosi Foundation is committed to serving alongside established partners, chosen for their documented work and track records within the GBV field, striving to change the story of GBV in South Africa. Our gender-based violence goals include ensuring children, youth and women affected by gender-based violence are thriving through increased access to support, opportunities, and a sense of safety, facilitated by strengthened organisations with necessary resources.
**PROJECTS & INITIATIVES:**

**Kolisi Connect**

We strengthen a network of organisations working across our three integrated focus areas through capacity building, monthly engagements, and knowledge and information sharing.

**Power2You Packs**

Power2You packs are resources intended to put power back into women’s hands. Each pack consists of a pepper spray, whistle, journal with resourceful information about seeking justice, legal help, healing, and an emergency-size wallet card with GBV helpline and contact information. These packs are utilised within GBV workshops.

Through an economic empowerment sewing programme based at The Saartjie Baartman Centre for Women and Children, survivors of GBV produce Power2You packs. The programme includes skills development and serves as an income generator for survivors of gender-based violence.
Strengthening preventative initiatives:

We support first responder and counselling services, aiding GBV prevention and response, through funding a 24/7 trauma response helpline and social worker services at GBV organisations. With our partners we also provide community-based skills training and survivor empowerment programmes.

Engaging men and boys' programmes:

We engage young men and boys through the Men in Conversation Podcast in collaboration with The Justice Desk. We also support psychosocial initiatives, which assist a programme working with boys and men to become protectors, not perpetrators.
PARTNER WITH US
We believe in the power of collaboration.

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Visit www.kolisifoundation.org to
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We are a registered Public Benefit Organisation and can issue donors with Section 18A Tax Certificates for eligible donations.

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Kolisi Foundation is supported by the UK Fund for Charities, a charity registered in England and Wales number 1097462. Donations to the UK Fund for Charities from UK taxpayers are eligible for Gift Aid. The Kolisi Foundation has been reviewed by the UK Fund for Charities board and deemed eligible to receive grants from a UK registered charity.

To donate, visit: https://www.ukfundforcharities.org/donate/
Enter your details and select Kolisi Foundation from the drop-down menu. You will be redirected to a payment portal. Unfortunately, AmEx is not supported.
JOIN OUR MONTHLY DONOR COMMUNITY - KOLISI KOLLECTIVE
You get access to exclusive conversations and entries to unique giveaways. Be part of changing the stories of inequality. Go to kolisifoundation.org

How can your monthly donation help:

- **R70** can provide a Power2You pack to a woman
- **R250** can provide a child with a **social worker's support**
- **R500** can provide **trauma counselling** for someone affected by GBV
- **R1000** can support a family of 5 with a **grocery parcel**
- **R6500** can provide monthly groceries to a **community kitchen**